



景嶺書院
King Ling College

二零二六至二零二七年度

School Notice 4

家長通告第四號

(本通告已上載於本校網頁 <https://www.kingling.edu.hk>)

敬啟者：茲有下列重要事項，祈予垂注：

6 October 2026

Dear parents,

Here are the items for your immediate attention:

(一) 第八屆法團校董會家長校董選舉及與家長會面安排

第八屆法團校董家長校董候選人簡介表(共兩位)詳見附件一。家長如需與第八屆法團校董會家長校董候選人詳談，可於下列時間透過網上平台會面，有關安排如下：

日期：2026 年 10 月 15 日(星期四)

Date : 15 October 2026 (Thursday)

時間：下午 6：00-7：00

Time : 6:00pm to 7:00pm

網上平台：Google Meet

Online Platform : Google Meet

網址: <https://meet.google.com/wgc-bmxz-cor>

QR code:



(A) The 8th Election of IMC Parent Manager and Meeting the Candidates

For candidates' information (2 candidates in total) of the Eighth Election of IMC Parent Manager, please refer to Appendix 1. Should parents be interested in meeting the candidates of the IMC Parent Manager, please refer to the details above.

(二) 家長教師會會員大會及初中級家長教師交流會

詳見附件二。

(B) Parent-Teacher Association Annual General Meeting and Junior Form Parents' Seminars

Details please refer to Appendix 2.

(三) 家長教育證書課程 2026

景嶺書院家長教師會於本年度舉辦家長教育證書課程，安排由校長、老師及專業人士與家長進行交流研討，從中讓家長了解培育子女的方法、學生將會面對的挑戰以及分享一些知識與方法，讓家長可以建立與子女的話題之餘，又可以在家幫助子女，達致家校合作的事半功倍效果。本年度家長教育課程分別安排於星期三或星期六上午進行，凡於課堂具有 65%或以上出席率的家長將可於本年度學期完結時獲得證書。以下為第一堂和第二堂的課題：

日期	時間	集合地點	講者	題目
10 月 14 日 (三)	上午 10:30	207 室	周家瑩女士 臨床心理學家	反思教養子女的模式
11 月 18 日 (三)	上午 10:30	207 室	彭瑋湊署理校長	在 AI 世代中的 守正與創新

(C) Parent Education Certificate Program 2026

Parent Education Certificate Program will be held this year. It enhances the communication between parents and the school. Through meetings with Principals, different teachers and professionals, parents can have better understanding of their own child, the challenges that the child is facing and strategies of supporting them. This year, the lessons will be held on Wednesday or Saturday mornings. Parents with 65% or above of attendance will be presented a certificate at the end of this academic year. The details of lessons 1 and 2 are as follows:

Date	Time	Venue	Speaker	Topic
14/10 (Wed)	10:30am	Room 207	Ms Chau Ka Ying Clinical Psychologist	Reflection of Parenting Styles
18/11 (Wed)	10:30am	Room 207	Eva Pang Acting Principal	Innovation and Core Values in the AI Generation

(四) 家長茶藝養生班證書課程

為配合教育局家長教育課程架構，促進家長身心健康及建立健康生活模式，同時提升家長們對學校的歸屬感及配合本校弘揚中華文化的宗旨，家長教師會將舉辦[家長茶藝養生班]，歡迎對茶藝養生有興趣的家長參加，細節如下：

日期：

第一堂	2026 年 10 月 14 日(星期三)
第二堂	2026 年 11 月 18 日(星期三)
第三堂	2026 年 12 月 2 日(星期三)
考試	2026 年 12 月 16 日(星期三)

時間：上午 9:00-10:00

地點：家教會室

名額：15 (若超過名額時，將抽籤決定)

費用：全免(由家長教師會津貼)

備註：完成課堂並考試合格者，將獲得由國家級茶藝師簽發的證書乙張

有興趣參加的家長，請填妥電子回條報名，成功報名者將透過 eclass 家長電子系統通知。

(D) Parents' Tea Culture and Health Wellness Certificate Course

To echo EDB secondary school parent education curriculum, we aim at strengthening parents' mental and physical health and cultivating a healthy lifestyle. At the same time, to promote the sense of belonging to the school and uphold Chinese culture, the parent-teacher association will hold a **“Parents' Tea Culture and Health Wellness Certificate Course”**. Parents who are interested in tea culture and health wellness are welcome to join. Details are as follows:

Date:

Lesson 1	14 October 2026 (Wednesday)
Lesson 2	18 November 2026 (Wednesday)
Lesson 3	2 December 2026 (Wednesday)
Exam	16 December 2026 (Wednesday)

Time: 9:00am–10:00am

Venue: PTA Room

Quota: 15 (If the number of applicants exceeds the quota, drawing lots will be adopted)

Fee: Free of charges (Subsidized by PTA)

Remark: Parents who complete the course and pass the exam will be awarded a certificate issued by national level tea art specialist.

Interested parents please reply on the electronic notice for enrollment. Successful ones will be notified via eclass parent app.

(五) 飯盒試食

食物部將舉辦飯盒試食活動，邀請出席第二課家長教育證書課程的家長參加，試食飯盒活動將於講座後進行，有興趣之家長，可於出席講座當日簽到時報名，名額 20 位，先到先得。

細節如下：

日期：2026 年 11 月 18 日(三)

時間：12:15pm-1:00pm

地點：學校食物部

(E) Lunch Box Tasting

The school canteen will organize a lunch box tasting activity. Parents who are attending the second parent education lesson will be invited. The activity will be conducted after the lesson. Interested parents please sign up on that day. There are 20 quotas on first-come-first-served basis.

Details are as follows:

Date: 18 November 2026 (Wednesday)

Time: 12:15pm-1:00pm

Venue: School canteen

(六) 第三十一屆周年陸運會

本校周年陸運會定於 2026 年 11 月 10 日(星期二)及 11 日(星期三)假西貢鄧肇堅運動場舉行初賽及決賽，兩天時間安排如下：

(F) The 31st Athletics Meet

The 31st Athletics Meet will be held at Sai Kung Tang Shiu Kin Sports Ground on 10 November 2026 (Tuesday) and 11 November 2026 (Wednesday). The meeting time, schedule and proposed dismissal time are as follows:

10 November 2026		11 November 2026	
上午 8:10 8:10am	集合點名 Roll Call	上午 8:10 8:10am	集合點名 Roll Call
上午 8:30 - 下午 12:45 8:30am - 12:45pm	比賽進行 Events	上午 8:30 - 下午 12:45 8:30am - 12:45pm	比賽進行 Events
下午 12:45 - 2:00 12:45pm - 2:00pm	午 膳 Lunch	下午 1:00 - 1:30 1:00 - 1:30pm	頒 獎 Prize Presentation
下午 2:00 - 3:45 2:00pm - 3:45pm	比賽進行 Events	約下午 2:00 Around 2:00pm	散 會 Dismissal
約下午 4:00 Around 4:00pm	散 會 Dismissal		

陸運會初賽及決賽當天，全體學生須穿著整齊學校運動服，參賽者應攜帶夏季體育制服。所有學生必須在上午 8:10 前抵達運動場報到，學生亦需準備足夠的飲料及自行安排午膳。

陸運會屬全校性之活動，全校學生均須參與。請鼓勵及督促 貴子弟參與回條中所列活動。學生如因身體不適而未能出席陸運會，必須出示醫生信(香港註冊中西醫均可)辦理請假手續，否則當曠課論。

Students should wear their proper school PE uniform on both days. Competitors should also bring along their summer PE uniforms. All students must arrive at the sports ground to report before 8:10 AM. Students should also prepare sufficient beverages and arrange their own lunch. The Athletics Meet is a whole-school event; please encourage your child to participate actively in the events listed.

If your child falls ill, please submit a doctor's note (either from Hong Kong registered Chinese or Western physician) on the following school day for leave purposes. Students who fail to do so will result in a truancy record.

(七) 慈善義賣日

家長教師會將於 2026 年 12 月 6 日(星期日)，舉辦慈善義賣日，本年所籌得善款將捐予慈善機構。現在呼籲各位家長，如有可捐出用作義賣的物品，例如：飾物、書籍、禮物、小型家電或貨版等，請著 貴子弟於 10 月 30 日(星期五)前送交趙美如老師(109 室)，以便統一辦理。

(G) Charity Sale

The PTA will organize a Charity Sale on 6 December 2026 (Sunday). All donations raised will be donated to charitable organizations. Should parents have any items, such as decorations, books, gifts, electronic gadgets or product samples etc., to be donated for the charity sale please forward them to Ms Chiu MY (Room109) by 30 October 2026 (Friday).

(八) 校服回收義賣計劃

為響應循環再用的環保意識，家長教師會舉辦「校服回收義賣計劃」，同學在更換冬/夏季校服時，可將已不稱身的校服如校褸(不收舊款校褸)、校服裙、運動服、冷衫等捐贈予家長教師會。經家長義工整理後，以低廉價錢售予有需要同學，並會發出收據以作證明，本年所得款項將連同家長慈善義賣日善款一併捐予慈善機構。如蒙捐贈，同學可將舊校服於 10 月 30 日(星期五)前逕交趙美如老師(109 室)。

(H) School Uniform Recycling Scheme

To uphold the recycling concept of environmental protection, the PTA organizes a 'School Uniform Recycling Scheme' every year. While preparing for the winter/summer uniform, students could donate their unfitted and used uniforms, like school blazer (old style will not be accepted), dress, track suit or sweater to the Parent-Teacher Association. After tidying up the donated uniforms, the PTA will sell them at bargain prices to students in need and receipts will be issued. For the well-being of the needy, all collected fund will be donated to charitable organizations. Should there be any unfitted uniforms for donation, please forward them to Ms Chiu MY (Room 109) by 30 October 2026 (Friday).

(九) 慎防假冒信息

常有人假冒學校職員，透過即時通訊(如短訊及 WhatsApp)行騙。為保障家長及學生安全，請留意以下事項：

1. 核實信息：如果家長收到任何可疑的短訊或訊息，請立即使用另一部安全的電話聯絡學校的官方電話號碼 2702 9602，尋找相關老師進行核實。
2. 收費提醒：如要收取任何費用，校方會正式出家長信，透過官方系統 eclass parent app 處理。

(I) Be vigilant in scammed messages

Scammers often pretend to be school staff and send instant messages (e.g. SMS and WhatsApp). To protect parents and students, please note the following:

1. Verify Information: If you receive any suspicious messages, please use another secure phone to verify with the relevant staff member via the school's official number at 2702 9602.
2. Payment Reminder: If payment of fee is needed, the school will issue a formal parent letter through the official eclass parent app system.

(十) 價值教育：中一及中二級種族融和教育講座

由民政事務總署委派的嘉賓講者會到本校進行有關種族融和的教育講座。是次講座的目的為提升學生對於香港少數種族於文化、語言及背景的差異。細節如下：

日期：二零二六年十一月十九日(星期四)

時間：下午三時四十五分至下午五時正

地點：景嶺書院禮堂

參與學生：所有中一及中二級學生

(J) Value Education: S1 & S2 Education Talk on Racial Harmony

Guest speakers from Home Affairs Department will conduct a talk about the racial harmony in Hong Kong. The talk aims at enhancing students' awareness of the differences in culture, language and background of commonly encountered ethnic groups in Hong Kong. Details are as follows:

Date: 19 November 2026 (Thursday)

Time: 15:45-17:00

Venue: School Hall, King Ling College

Targeted students: All S1 and S2 students

(十一) 精神健康

輔導部將於十月份派發由教育局出版的「4Rs 自我照顧路線圖」單張給中一至中六同學，讓同學了解 4R 概念及學習一些促進學生身心健康的措施。

(K) Mental Health

A leaflet "4Rs Self-care Routes Map" published by EDB will be distributed to S1-S6 students in October to give more information about 4Rs and introduce measures to promote students' physical and mental health.

此致
貴家長

署理校長

彭瑋湏 謹啟

二零二六年十月六日

Thank you for your attention.

Sincerely,



Eva Pang

Acting Principal



景嶺書院
King Ling College
第八屆法團校董會家長校董選舉
8th Incorporated Management Committee Election of Parent Manager
候選人簡介表

Brief Statement of Nominee

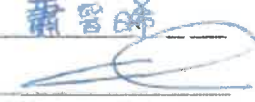
候選人姓名 Name of Nominee	張美儀 Mandy	
職業 Occupation	家庭主婦	
個人簡介 (以 50 字為限) Personal details (within 50 words)	大兒子現就讀中五, 身為現任家教會主席, 我熱心學校事務, 盼能以家長校董身份繼續促進家校合作, 成為家校溝通的穩固橋樑, 為孩子們爭取更佳的學習環境!	

本人謹此聲明, 上述填報之資料確實無訛。本人亦沒有違反教育條例第30條所載有關常任秘書長可拒絕申請人註冊為某間學校的校董的理由。

I hereby declare that the above information is correct to my fullest understanding. I also have not violated the reasons that the Permanent Secretary may refuse to register an applicant as a manager of a school on grounds stipulated in Section 30 of the Education Ordinance.

學生班別 Class : SD

學生姓名 Student name : 蕭晉晞

候選人簽署 Signature of nominee : 

日期 Date : 2026年9月2日

和議人姓名 Name of proponent : 謝 陶

和議人簽署 Signature of proponent : 

學生班別 Class : 3A

學生姓名 Student name : 林廣裕

景嶺書院
King Ling College
第八屆法團校董會家長校董選舉
8th Incorporated Management Committee Election of Parent Manager
候選人簡介表

Brief Statement of Nominee

候選人姓名 Name of Nominee	梁志連 Liang zhi lian	
職業 Occupation	顧客服務專員	
個人簡介 (以 50 字為限) Personal details (within 50 words)	本人主要是家庭主婦，兼職餐飲業顧客服務專員，現任本校家散會副主席，過去兩年積極協助家校活動。女兒為景嶺書院 5B 班劉芷瑤。本人待人熱誠有禮，做事專注有承擔，願擔當家校溝通橋樑，盡心服務家校。	

本人謹此聲明，上述填報之資料確實無訛，本人亦沒有觸犯教育條例第30條所載有關常任秘書長可拒絕申請人註冊為某間學校的校董的理由。

I hereby declare that the above information is correct to my fullest understanding. I also have not violated the reasons that the Permanent Secretary may refuse to register an applicant as a manager of a school on grounds stipulated in Section 30 of the Education Ordinance.

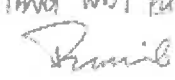
學生班別: Class : 5B

學生姓名: Student name : 劉芷瑤

候選人簽署: Signature of nominee : 

日期: Date : 07.09.2026

和議人姓名: Name of proponent : TANG WAI FUNG

和議人簽署: Signature of proponent : 

學生班別: Class : 5D

學生姓名: Student name : WONG LOK CHING



景嶺書院家長教師會

第二十三屆會員大會暨第八屆法團校董會家長校董選舉

謹訂於二零二六年十一月六日(星期五)晚上七時正假本校禮堂舉行家長教師會
第二十三屆會員大會暨第八屆法團校董會家長校董選舉

恭候
光臨

第二十三屆執行委員會主席
張美儀女士 敬約
(趙美如老師代行)

二零二六年十月六日

附當日大會程序：

六時卅分	入 座	全體會員 (禮堂)
七時正	會員大會暨第八屆法團校董會家長校董選舉	全體會員 (禮堂)
八時正	家長教師交流會 「預防子女電子網絡沉溺」講座 新高中選科講座	中一級 (二樓課室) 中二級 (圖書館) 中三級 (禮堂)

附註：

1. 所有中三學生必須出席「新高中選科講座」，請於當晚 7:30 穿著整齊校服回校，在小食部集合，等候班主任前來點名。
1. 初中分級活動安排: 中一家長將會與班主任交流，中二家長會學習怎樣幫助子女解決沉迷電子網絡問題，中三家長會了解新高中課程及選科需知，對子女未來升學甚為重要，故此，請家長盡量抽空出席，並予以回覆。

The 23rd PTA AGM cum 8th Election of IMC Parent Managers

The 23rd PTA AGM cum 8th Election of IMC Parent Managers will be held on 6 November 2026 (Friday) at 7:00pm in the school hall. You are cordially invited to attend the event.

RSVP

(Ms Chiu MY on behalf of)

Ms Cheung MY

The Chairlady of the 23rd Executive Committee

Rundown

6:30pm	Reception starts	All members (Hall)
7:00pm	PTA AGM cum 8 th Election of IMC Parent Managers	All members (Hall)
8:00pm	Parent-Teacher Conference	S1 (2/F classrooms)
	Talk: 'Prevention of Electronic Network Addiction'	S2 (Library)
	Senior Curriculum Subject Selection	S3 (Hall)

Remarks:

1. All S3 students must attend the talk on 'Senior Curriculum Subject Selection'. Please wear proper uniform and report at the school canteen at 7:00pm as class teachers will take the roll call.
2. For junior-form arrangements: S1 parents will meet class teachers. S2 parents will learn how to help their children to prevent electronic network addiction. S3 parents will understand about senior curriculum subject selection which is vital to the child's future pursuit. Parents please **attend the events** and reply accordingly.

回 條

敬覆者：本人已知悉和同意通告第四號事宜。

To Principal: I have read and agreed the contents of School Notice 4.

回 條：家長教師會會員大會回條

敬覆者：感謝邀請出席家長教師會[第二十三屆會員大會暨第八屆法團校董會家長校董選舉]。
現謹覆如下：

To PTA Chairperson: Thank you for the invitation of the 23rd AGM cum 8th IMC Parent Manager Election. Below is the reply:

本人 ☐ 將會出席會員大會及家長座談會(中一至中三級)

I will attend the AGM and parent talk (S1 to S3)

☐ 將會出席會員大會 (中四至中六級)

will attend the AGM (S4 to S6)

☐ 未能出席

will not attend the event

回 條：家長教育證書課程

敬覆者：感謝邀請參加[家長教育證書課程(課堂 1 及 2)]。現謹覆如下：

To Principal: Thank you for the invitation to the Parent Education Certificate Program (Lessons 1 and 2).

Below is the reply:

本人 ☐ 只出席 10 月 14 日課堂

I will attend the lesson on 14 October only

☐ 只出席 11 月 18 日課堂

will attend the lesson on 18 November only

☐ 將出席 10 月 14 日及 11 月 18 日兩堂課堂

will attend the two lessons on 14 October and 18 November

☐ 未能出席

will not attend the lesson

回 條：家長茶藝養生班證書課程

敬覆者：感謝邀請參加[家長茶藝養生班證書課程]。現謹覆如下：

To PTA Chairperson: Thank you for the invitation to the “Parents’ Tea Culture and Health Wellness Certificate Course”. Below is the reply:

本人 ☐ 將會參加[家長茶藝養生班證書課程]

I will join the “Parents’ Tea Culture and Health Wellness Certificate Course”

☐ 未能參加[家長茶藝養生班證書課程]

will not join the “Parents’ Tea Culture and Health Wellness Certificate Course”

回 條：陸運會

敬覆者：本人已知悉 貴校舉行陸運會之詳情，並知悉敝子弟

To Principal: I understand the details of Athletics Meet. My child will

1. ☐ 已報名參加以下個人項目：(一)_____、(二)_____、(三)_____、
(四)_____

join the individual event(s): (1)_____, (2)_____, (3)_____,
(4)_____

☐ 已報名參加社際啦啦隊。

join the cheering team

☐ 已報名擔任陸運會工作人員。

help as student official

2. 本人將出席陸運會：

I will attend the Athletics Meet:

☐ 第一天賽事：家長姓名：_____，到達時間為上午/下午

On day one: Parent’s name: _____, arrival time am/pm _____

☐ 第二天賽事：家長姓名：_____，到達時間為上午/下午

On day two: Parent’s name: _____, arrival time am/pm _____